



Top 10 tips to prepare your dog for travel

Dog travel sickness (or motion sickness) can make even a quick trip up the street a stressful experience for both you and your dog. Fortunately, there are things you can do to conquer your dog's nausea and make travelling a tail-wagging adventure again.

Unsure if your dog has motion sickness? Take the quiz: www.dogsinmotion.ca

MOVING PAST MOTION SICKNESS

If your dog suffers from motion sickness, take heart – because times have changed.

Gone are the days of leaving your canine companion behind or worrying about the impact of giving it a treatment meant for people. That's because an **innovative new product** is now available through veterinarians across the country. So if you think your dog has motion sickness, be sure to speak to your pet's doctor – they can best determine if your dog suffers from motion sickness and offer solutions that can help it feel better.

WHAT ELSE SHOULD YOU DO IF YOUR DOG SUFFERS FROM MOTION SICKNESS?

In addition to speaking to your veterinarian, there are a number of things you can do to help reduce the risk of motion sickness. They include:

- Avoid feeding your pet 1-2 hours before traveling
- Allow your dog to relieve itself before traveling
- Make sure your dog has enough room to lie down in the vehicle (motion sickness can be made worse by sitting or standing)
- Ensure that your dog can see out the window. Just like us, dogs tend to feel less nauseous when looking at the horizon
- Open the window a little to let your dog get some fresh air
- Try to be extra careful when making sharp turns or driving downhill
- On longer road trips, take a break at a rest stop every 2-3 hours so that your dog can stretch its legs, have a drink and avoid becoming dehydrated

- Get your dog used to a car environment at a young age – puppies that are exposed to car trips are more receptive to traveling
- Take your dog on short trips to get it used to being in the car before taking longer journeys
- **And of course, speak to your veterinarian about a new, just-for-pets product that can help make motion sickness a thing of the past**

THE BEST WAY TO GET YOUR DOG FROM A TO B... CARSICK FREE IS TO SPEAK TO YOUR VETERINARIAN ABOUT PREVENTATIVE MEASURES

